

## **SUMMARY OF STUDY PROGRESS – Elenesto Kanthenga, March 2026**

Over the past year, my journey in the Bachelor of nursing and midwifery program at Mzuzu university has been both challenging and rewarding. This past semester I focused on research methodology, biostatistics, medical surgical nursing two, principles and practice of education, principles and practice of management. These modules have provided me with the leadership tools necessary to manage hospital wards.

My clinical rotations helped in boosting skills, I started with management placement at Mzuzu central hospital in November 2025, where we had to do a change project in male ward on stock card. I also applied theories such as administrative (Henri Fayol), bureaucratic (max weber) and scientific principles (Fredrick Taylor) to increase ward efficiency and productivity. I completed specialized attachment at Kamuzu central hospital until February 2026. I rotated in several departments' dermatology, EENT, burns, orthopedics and oncology experiencing different approaches when managing patients with different complex conditions.

As I look ahead my next semester begins on 7<sup>th</sup> April 2026 it will be so demanding period as I move to medical surgical nursing 3(theatre, ICU, emergency, gynecology), psychiatric nursing and community health nursing (gerontology, IMCI, occupational health). Despite the challenge I remain dedicated to my goal of becoming a professional nurse midwife. I am deeply grateful for the support of the iSTEPup foundation, which allows me to focus on my mission of serving Malawian health care system.

