

**NAME :MARY WEBSTER LUKALI**

**TO :iSTEPup FOUNDATION**

**DATE : 25 FEBRUARY 2026**

**SUBJECT : YEARLY STUDENT UPDATE**

My name is Mary Webster Lukali, i am writing to submit my yearly student update. I am studying the program of 'Nursing and Midwifery Technician'. Currently in third year, semester 1 (semester 5 of the whole program of 6 semesters). Total years of study is 3 years having 6 semesters. I'm expected to graduate in the year 2027 if no changes may arise. Actually through my study journey some issue/challenges are available like accidents and sickness.

### **My update**

This past academic year has been an important period of growth in my studies, as I have attitude, skills, and knowledge in caring for mentally ill patients (psychiatric patients), pediatric patients, and done community nursing. I am currently in third year semester 1, studying low risk midwifery and its management. This year, I'm focusing on strengthening my knowledge in caring for pregnant mothers during antenatal, during labor and delivery and during postnatal. In this program i have successfully completed courses such as Pediatric nursing, Surgical nursing, Medical nursing, Theater nursing, Community nursing, just to mentions some, which helped me in improve my understanding of my field and develop better study habits. One of my main achievement was in mental health and psychiatric nursing. I also worked on improving my time management and academic discipline, which helped me stay organized in my studies.

Like many students, i experienced some challenges, including missing classes due to sickness and accidents, and mistreatment from the some senior nurses in the allocated clinical hospitals. However, i remained committed to my goals and continued working hard to overcome these difficulties.

In the study period, my plan is to focus on gaining more practical experience, completing courses and program, preparing for graduation. I am motivated to continue learning and developing skills, that will help me in my future career of helping patients in the community and the country.

I sincerely appreciate the support I receive from iSTEPup Foundation, which allows me to continue my education and work hard toward my goals.

Kind regards,

Mary Webster Lukali

(Nkhoma college of Nursing and Midwifery Student)

MALAWI

