

Dear donors

I believe you are well.

My clinical year rotation has officially started in Tamale teaching hospital. This is made possible by your donations and I am grateful. We had our “white coat ceremony” on 27th of February.

I am in my 7th week now. We have been put in groups of 5 and assigned to a specialist. I have been assigned to a colorectal surgeon. I did 4 weeks of clinical methods. It was an orientation period. The purpose of the period was to usher us into the clinical year. We were shown around the hospital and were coached on how to take history. The “real” rotation started 3 weeks ago. I am rotating through general surgery. I am still learning how to take history and examining patients. This time real people!

The challenge I faced was getting time for personal studies since we spend most of our time on the ward. I have solved it by making use of the library in the hospital and also joining a study group.

I know it gets tough as we ascend but I believe this period is preparing us for the working field. In all, I am still excited about this new phase.

I am still part of the foundation I talked about in my previous update. We are planning on another outreach later in the year.

I will keep you posted on how the year goes.

Once again, I am grateful for your donation. It has kept me going. I pray you stay healthy and safe.

Kind Regards,

Angelina S. Mintah