

## UPDATE OF SECOND QUARTER, 2022

I have been doing well by God's Grace and also by the benevolence of iSTEPUP. I had my end of subspecialty rotation exams in April, and it was a success. My friends and I visited a special school for autistic children in Cape Coast as part of our initiative to give back to society. I also participated in the Medical Student's Association games held in May. I took part in the sack race of which I came out second.

In June, I was invited to speak at a conference themed, 'Excellence in Ministry'. It is amazing how with your help and encouragement, I've pursued Excellence so much that, I'm now invited to speak on it. I also performed an amazing spoken word at a theatre night in June too. It was amazing putting my talent and passion to use.

In the latter part of June, I spearheaded and organized a health screening program on campus in collaboration with Royal house Chapel International. It was my first time and I did learn a lot, as much as I enjoyed the process. Blood Pressure monitoring, random blood sugar test, Hepatitis B screening, Body Mass Index (BMI), deworming, malaria testing and free consultation were the services my team and I offered during the health exercise.

That same weekend, I emceed at the Royal house campus dinner with a fellow student. It was a test of eloquence, confidence and charisma. I believe I did well as I had good comments coming through. It was a successful program.

In July, a creative group I belong to, Bluebird Creatives organized a stage play Titled, 'Married on Some Days'. I was part of the crew, leading the stage set up and props team. It was a new area for me and I learnt a lot of new things about planning and organising. I loved every bit of it. The play sold out and was a great success.

I then had my end of junior clerkship exams at the latter part of July.

This has been a very fruitful quarter.